

LETTER TO THE EDITORS

Everolimus-based immunosuppression in a case of ABO-incompatible liver transplantation with calcineurin inhibitor-related posterior occipital syndrome

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Dear Sirs,

Owing to its high immunological risk, ABO-incompatible liver transplantation (LT) is usually performed with triple or quadruple calcineurin inhibitor (CNI)-based immunosuppression and association with nondrug immunological treatment modalities, such as plasmapheresis or splenec-

tomy [1,2]. The use of preoperative rituximab has been recently reported in small series of living-related liver transplants too [3]. However, management of CNI-related complications may be challenging for the transplant physician due to the increased risk of graft rejection in case of CNI minimization or withdrawal. We report here an

	1 PE/Day up to 14° POD								
PE									
ivIG	1 mg/Kg/Day IvIgG infusion up to 14° POD								
ECP	ECP on 2°, 4° and 6° POD and 1 ECP/week up to 1° POM thereafter			ECP twice/month up to 6° POM		1 ECP/month up to 12° POM		Withdrawn	
Basiliximab	20 mg iv on OD and 4° POD								
Tac	0.2 mg/kg/day since 1° POD			Withdrawn on 7° POD					
EVL	0.75 mg twice/day target blood level 6–10 ngL								
MMF	2 g/day up to 3° POM					1 g/day			
Steroid	1 mg/Kg iv	25 mg/day	15 mg/day	5 mg/day up to 12° POM					
	OD	7° POD	15° POD	1° POM	3° POM	6° POM	12° POM	24° POM	36° POM

Figure 1 Everolimus-based combined immunosuppressive treatment in a ABO-incompatible cadaveric liver transplant. OP, operative day; POD, post-operative day; POM, postoperative months; Tac, tacrolimus; EVL, everolimus; steroid; MMF, mycophenolate mofetil; PE, plasma exchange; ECP, extra-corporeal photoapheresis; ivIgG, intravenous immunoglobulins; basiliximab.

ABO-incompatible LT recipient treated with a combined immunosuppressive therapy everolimus (EVL)-based because of severe tacrolimus (TAC)-related neurotoxicity early after LT.

A 55-year-old, blood group B, male patient with a T2 hepatocellular carcinoma in hepatitis B virus (HBV)-related liver cirrhosis underwent LT from an ABO-incompatible deceased donor (blood group A) due to rapid clinical deterioration as per a model for end-stage liver disease (MELD) score 30 at transplantation. The procedure was conventional way, with native vena cava replacement and veno-venous bypass. Biliary reconstruction was performed with a T-tube.

After transplantation, the patient underwent immunosuppression according to the usual scheme adopted at our centre and described elsewhere [4] and including induction with anti-IL2 receptor antibodies (basiliximab, Simulect, Novartis Pharma, Basel, Switzerland) 20 mg i.v. on days 1 and 5; TAC (Prograf, Astellas, Munich, Germany 0.2 mg/kg/day orally from day 1, steroids (1 mg/kg i.v. intraoperatively tapered to 25 mg/day orally by day 7 post-transplantation), mycophenolate mofetil (MMF) (CellCept, Roche, Basel, Switzerland) 2 g/day orally, in association with daily plasmapheresis from immediate pretransplantation to post-transplant day 14, high-dose IgG infusions (Ig Vena, Kedrion SpA, Lucca, Italy) 1 mg/kg/day for the first 14 days post-transplantation and extracorporeal photopheresis (ECP) on days 2, 4, and 6 and once a week thereafter [4].

On post-transplant day 7, the patient presented neurological impairment with central blindness and confusion consistent with posterior occipital syndrome confirmed on eventual brain CT scan. TAC was withdrawn and replaced with EVL (Certican, Novartis Pharma, Basel, Switzerland) at a starting dosage of 0.75 mg twice a day, aiming at a target trough blood level between 6 and 10 ng/ml. Elimination of TAC was followed by prompt improvement in neurological conditions and confirmed by brain CT scan. The patient was discharged home on day 28 on triple immunosuppression with EVL (3 mg b.i.d.), steroids (25 mg/day) and MMF (2 g/day) in association with bi-weekly ECP up to the third months. After three months post-transplantation, the patient was admitted for the removal of the T-tube. The control cholangiography failed to disclose alterations of the biliary tree and all laboratory tests were within normal range. At a follow-up of 12 months, the patient had been on triple immunosuppressive therapy with EVL (2 mg/day), steroids (5 mg/day) and MMF (1 g/day) in association with monthly ECP, withdrawn at the year (Fig. 1).

The patient is alive with normal liver function and blood test at 36 months after liver transplant; no episode of rejection occurred nor a reswitch to a CNI-based

immunosuppressive therapy has been necessary during a long-term follow-up period.

To the best of our knowledge, this is the first report of an ABO-incompatible LT recipient switched to EVL-based immunosuppression for TAC-related neurotoxicity early after transplantation. Several reports have recently confirmed the efficacy and safety of EVL in maintenance [5] and *de novo* LT recipients [6–8]. Our experience shows that EVL might be an option in case of CNI-related toxicity even in the challenging setting of ABO-incompatible LT and its resulting increased immunological risk.

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Conflicts of interest

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